









MAYOR NICHOLAS J. SACCO  
COUNCIL ON AGING  
PROUDLY PRESENTS  
EVENTS FOR:

# August 2017



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE CLASS</b> 9:15am <b>NATIONAL NIGHT OUT</b>	<b>2</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI</b> 9:45am  <b>HOULIHANS</b> 1pm-3pm \$18pp	<b>3</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE</b> 9:30am-10:30am <b>YOGA</b> 10am-10:30pm <b>MOVIE NUTRITION CENTER</b> 10:30am-12:30pm	<b>4</b> Regular Shopping Trips 8:45am-3:00pm <b>BIRTHDAY BINGO</b> 11am-1pm	<b>5</b> <b>EMPIRE CITY YONKERS</b> 8:30am-5:30pm \$5.00pp 
<b>6</b>	<b>7</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI</b> 9:45am <b>BINGO</b> 11am-1pm <b>LUNCH SPECIAL</b> \$1.00	<b>8</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE CLASS</b> 9:15am	<b>9</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI</b> 9:45am <b>BINGO LUNCHEON</b> 11am-1pm	<b>10</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE</b> 9:30am-10:30am <b>YOGA</b> 10am-10:30pm <b>MOVIE NUTRITION CENTER</b> 10:30am-12:30pm 	<b>11</b> Regular Shopping Trips 8:45am-3:00pm <b>FREE MOVIE</b>	<b>12</b>
<b>13</b>	<b>14</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI</b> 9:45am <b>BINGO</b> 11am-1pm <b>LUNCH SPECIAL</b> \$1.00	<b>15</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE CLASS</b> 9:15am	<b>16</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI</b> 9:45am  <b>DYNASTY BUFFET</b> 1pm-3pm \$12pp	<b>17</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE</b> 9:30am-10:30am <b>YOGA</b> 10am-10:30pm <b>MOVIE NUTRITION CENTER</b> 10:30am-12:30pm	<b>18</b> Regular Shopping Trips 8:45am-3:00pm <b>BINGO LUNCHEON</b> 11am-1pm	<b>19</b> <b>SECAUCUS FLEAMARKET</b> 10am-3pm
<b>20</b>	<b>21</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI</b> 9:45am <b>BINGO</b> 11am-1pm <b>LUNCH SPECIAL</b> \$1.00	<b>22</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE CLASS</b> 9:15am	<b>23</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI</b> 9:45am <b>BINGO LUNCHEON</b> 11am-1pm	<b>24</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE</b> 9:30am-10:30am <b>YOGA</b> 10am-10:30pm <b>MOVIE NUTRITION CENTER</b> 10:30am-12:30pm 	<b>25</b> Regular Shopping Trips 8:45am-3:00pm <b>FREE MOVIE</b>	<b>26</b> <b>EMPIRE CITY YONKERS</b> 8:30am-5:30pm \$5.00pp 
<b>27</b> <b>KEANSBURG</b> 11am-6pm	<b>28</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI</b> 9:45am <b>BINGO</b> 11am-1pm <b>LUNCH SPECIAL</b> \$1.00	<b>29</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE CLASS</b> 9:15 am	<b>30</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI</b> 9:45am <b>YANKEES vs CLEVELAND</b> 1pm \$5.00 pp	<b>31</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE</b> 9:30am-10:30am <b>YOGA</b> 10am-10:30pm <b>MOVIE NUTRITION CENTER</b> 10:30am-12:30pm	<b>Senior Transportation</b> Call: 201-869-9595 <b>Senior Events Questions</b> Call: 201-392-2159 <b>NUTRITION CENTER 1441 45TH ST</b> (201) 866-8791	