









MAYOR NICHOLAS J. SACCO  
COUNCIL ON AGING  
PROUDLY PRESENTS  
EVENTS FOR:

# March 2017

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
<b>Senior Transportation Call: 201-869-9595</b>  <b>Senior Events Questions Call: 201-392-2159</b>				<b>1</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI 9:45am</b>   <b>NEWARK MUSEUM</b> 11am-3pm \$8.00pp senior discount		<b>2</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE 9:30am-10:30am</b>  <b>MOVIE NUTRITION CENTER</b> 10:30am-12:30pm		<b>3</b> Regular Shopping Trips 8:45am-3:00pm <b>BIRTHDAY BINGO</b> 11am-1pm		<b>4</b> <b>CHRISTMAS TREE SHOPPE</b> <b>GARDEN STATE MALL</b> 9am-4pm  	
<b>5</b>	<b>6</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI 9:45am</b> <b>BINGO 11am-1pm</b> <b>LUNCH SPECIAL \$1.00</b>	<b>7</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE CLASS</b> 9:15 am	<b>8</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI 9:45am</b>  <b>BINGO LUNCHEON</b> 11am-1pm	<b>9</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE 9:30am-10:30am</b>  <b>MOVIE NUTRITION CENTER</b> 10:30am-12:30pm	<b>10</b> Regular Shopping Trips 8:45am-3:00pm <b>FREE MOVIE</b>  	<b>11</b> <b>EMPIRE CITY YONKERS</b> 8:30am-5:30pm \$5.00pp  					
<b>12</b> <b>DAYLIGHT SAVINGS TIME BEGINS *SPRING AHEAD*</b>	<b>13</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI 9:45am</b> <b>BINGO 11am-1pm</b> <b>LUNCH SPECIAL \$1.00</b>	<b>14</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE CLASS</b> 9:15 am	<b>15</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI 9:45am</b>   <b>EMPIRE CLUB</b> 12pm-4pm \$30.00pp	<b>16</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE 9:30am-10:30am</b>  <b>MOVIE NUTRITION CENTER</b> 10:30am-12:30pm	<b>17</b> Regular Shopping Trips 8:45am-3:00pm <b>BINGO LUNCHEON</b> 11am-1pm  <b>ST. PATRICK'S DAY</b>	<b>18</b> <b>ENGLISHTOWN FLEA MARKET</b> 10am-5pm [weather permitting]  					
<b>19</b>	<b>20</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI 9:45am</b> <b>BINGO 11am-1pm</b> <b>LUNCH SPECIAL \$1.00</b> <b>*FIRST DAY OF SPRING*</b>	<b>21</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE CLASS</b> 9:15am	<b>22</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI 9:45am</b>  <b>BINGO LUNCHEON</b> 11am-1pm	<b>23</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE 9:30am-10:30am</b>  <b>MOVIE NUTRITION CENTER</b> 10:30am-12:30pm	<b>24</b> Regular Shopping Trips 8:45am-3:00pm <b>FREE MOVIE</b>  	<b>25</b>					
<b>26</b> <b>EMPIRE CITY YONKERS</b> 8:30am-5:30pm \$5.00pp  	<b>27</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI 9:45am</b> <b>BINGO 11am-1pm</b> <b>LUNCH SPECIAL \$1.00</b>	<b>28</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE CLASS</b> 9:15 am	<b>29</b> Regular Shopping Trips 8:45am-3:00pm <b>TAI-CHI 9:45am</b>	<b>30</b> Regular Shopping Trips 8:45am-3:00pm <b>EXERCISE 9:30am-10:30am</b>  <b>MOVIE NUTRITION CENTER</b> 10:30am-12:30pm	<b>31</b> Regular Shopping Trips 8:45am-3:00pm <b>BINGO LUNCHEON</b> 11am-1pm						