

MAYOR NICHOLAS J. SACCO
COUNCIL ON AGING
PROUDLY PRESENTS
EVENTS FOR:

December 2016



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Senior Events Questions Call: 201-392-2159

Senior Transportation Call: 201-869-9595

1 Regular Shopping Trips
8:45am-3:00pm
EXERCISE 9:30am-10:30am

MOVIE NUTRITION CENTER
10:30am-12:30pm

2 Regular Shopping Trips
8:45am-3:00pm
BIRTHDAY BINGO
11am-1pm

3 **EMPIRE CITY YONKERS**
8:30am-5:30pm
\$5.00pp



4 **JERSEY GARDEN
OUTLET MALL**
10am-4pm



5 Regular Shopping Trips
8:45am-3:00pm
TAI-CHI 9:45am
BINGO 11am-1pm
LUNCH SPECIAL \$1.00

6 Regular Shopping Trips
8:45am-3:00pm
EXERCISE CLASS
9:15 am

7 Regular Shopping Trips
8:45am-3:00pm
TAI-CHI 9:45am

8 Regular Shopping Trips
8:45am-3:00pm
EXERCISE 9:30am-10:30am
MOVIE NUTRITION CENTER
10:30am-12:30pm



9 Regular Shopping Trips
8:45am-3:00pm
FREE MOVIE

10

11

12 Regular Shopping Trips
8:45am-3:00pm
TAI-CHI 9:45am
BINGO 11am-1pm
LUNCH SPECIAL \$1.00

13 Regular Shopping Trips
8:45am-3:00pm
EXERCISE CLASS
9:15 am

14 Regular Shopping Trips
8:45am-3:00pm
TAI-CHI 9:45am
BINGO LUNCHEON
11am-1pm

15 Regular Shopping Trips
8:45am-3:00pm
EXERCISE 9:30am-10:30am
MOVIE NUTRITION CENTER
10:30am-12:30pm

16 Regular Shopping Trips
8:45am-3:00pm
BINGO
11am-1pm

17 **NEWPORT MALL**
10am-4pm



18 **EMPIRE CITY YONKERS**
8:30am-5:30pm
\$5.00pp



19 Regular Shopping Trips
8:45am-3:00pm
TAI-CHI 9:45am
BINGO 11am
LUNCH SPECIAL \$1.00

20 Regular Shopping Trips
8:45am-3:00pm
EXERCISE CLASS
9:15am

21 Regular Shopping Trips
8:45am-3:00pm
TAI-CHI 9:45am
**CHRISTMAS PARTY
NUTRITION CENTER**
10am-1pm



22 Regular Shopping Trips
8:45am-3:00pm
EXERCISE 9:30am-10:30am
MOVIE NUTRITION CENTER
10:30am-12:30pm

23 Regular Shopping Trips
8:45am-3:00pm
FREE MOVIE



24 **HOLIDAY
CHRISTMAS EVE**

25 **HOLIDAY
CHRISTMAS DAY**



26 **HOLIDAY**

27 Regular Shopping Trips
8:45am-3:00pm
EXERCISE CLASS
9:15 am

28 Regular Shopping Trips
8:45am-3:00pm
TAI-CHI 9:45am
BINGO LUNCHEON
11am-1pm

29 Regular Shopping Trips
8:45am-3:00pm
EXERCISE 9:30am-10:30am
MOVIE NUTRITION CENTER
10:30am-12:30pm

30 Regular Shopping Trips
8:45am-3:00pm
BINGO
11am-1pm

31 **HOLIDAY
NEW YEARS EVE**

