











MAYOR NICHOLAS J. SACCO
COUNCIL ON AGING
PROUDLY PRESENTS
EVENTS FOR:

March 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Senior Events Transportation Call: 201-392-2157</p> <p>Senior Events Questions Call: 201-392-2159</p> <p>NUTRITION CENTER 1441 45TH ST (201) 866-8791</p>					<p>1 Regular Shopping Trips 8:45am-3:00pm BIRTHDAY BINGO 11am-1pm</p>	<p>2 CHRISTMAS TREE SHOPPE/ GARDEN STATE PLAZA 10am-4pm</p> 
<p>3</p>	<p>4 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.00</p>	<p>5 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am-10:15am BINGO LUNCHEON 11am-1pm</p>	<p>6 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO LUNCHEON 11am-1pm</p>	<p>7 Regular Shopping Trips 8:45am-3:00pm MOVIE NUTRITION CENTER 10:30am-12:30pm EXERCISE CLASS 9:30am-10:30am</p>	<p>8 Regular Shopping Trips 8:45am-3:00pm FREE MOVIE</p> 	<p>9 EMPIRE CITY YONKERS 8:30am-5:30pm</p> 
<p>10</p>	<p>11 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.00</p>	<p>12 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am-10:15am</p>	<p>13 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am ST. PATRICKS DAY LUNCHEON 12pm-4pm • \$30pp</p> 	<p>14 Regular Shopping Trips 8:45am-3:00pm MOVIE NUTRITION CENTER 10:30am-12:30pm EXERCISE CLASS 9:30am-10:30am</p>	<p>15 Regular Shopping Trips 8:45am-3:00pm BINGO LUNCHEON 11am-1pm CHI-KUNG with Pedro 9:15am - 10:30am</p>	<p>16 KOHL'S/ AND THAT! 10am-4pm</p> 
<p>17 HAPPY ST. PATRICK'S DAY</p>	<p>18 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.00</p>	<p>19 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am-10:15am BINGO LUNCHEON 11am-1pm</p>	<p>20 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO LUNCHEON 11am-1pm</p>	<p>21 Regular Shopping Trips 8:45am-3:00pm MOVIE NUTRITION CENTER 10:30am-12:30pm EXERCISE CLASS 9:30am-10:30am</p>	<p>22 Regular Shopping Trips 8:45am-3:00pm FREE MOVIE</p> 	<p>23</p>
<p>24 SANDS BETHLEHEM, PA 8:30am-6pm</p> 	<p>25 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.00</p>	<p>26 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am-10:15am</p>	<p>27 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am DYNASTY 1pm-3pm \$12pp</p> 	<p>28 Regular Shopping Trips 8:45am-3:00pm MOVIE NUTRITION CENTER 10:30am-12:30pm EXERCISE CLASS 9:30am-10:30am</p>	<p>29 Regular Shopping Trips 8:45am-3:00pm BINGO LUNCHEON 11am-1pm CHI-KUNG with Pedro 9:15am - 10:30am</p>	<p>30</p>