



MAYOR NICHOLAS J. SACCO
COUNCIL ON AGING
PROUDLY PRESENTS
EVENTS FOR:

October 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.00	2 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am BINGO LUNCHEON 11am-1pm	3 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO LUNCHEON 11am-1pm	4 Regular Shopping Trips 8:45am-3:00pm MOVIE NUTRITION CENTER 10:30am-12:30pm EXERCISE CLASS 9:30am-10:30am	5 Regular Shopping Trips 8:45am-3:00pm BIRTHDAY BINGO 11am-1pm CHI-KUNG with Pedro 9:15am – 10:30am	6 FLEA MARKET HUDSON COUNTY PARK 9am-1pm HUDSON COUNTY FAIR
7 HUDSON COUNTY FAIR	8 HOLIDAY COLUMBUS DAY HUDSON COUNTY FAIR	9 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am BINGO LUNCHEON 11am-1pm	10 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am EMPIRE CLUB 1pm-3pm \$30pp	11 Regular Shopping Trips 8:45am-3:00pm MOVIE NUTRITION CENTER 10:30am-12:30pm EXERCISE CLASS 9:30am-10:30am	12 Regular Shopping Trips 8:45am-3:00pm FREE MOVIE	13 OKTOBERFEST 10am-6pm \$8pp
14 RAIN DATE FOR OKTOBERFEST 10am-6pm \$8pp	15 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.00	16 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am BINGO LUNCHEON 11am-1pm	17 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO LUNCHEON 11am-1pm	18 Regular Shopping Trips 8:45am-3:00pm MOVIE NUTRITION CENTER 10:30am-12:30pm EXERCISE CLASS 9:30am-10:30am	19 Regular Shopping Trips 8:45am-3:00pm BINGO LUNCHEON 11am-1pm CHI-KUNG with Pedro 9:15am – 10:30am	20 EMPIRE CITY YONKERS 8:30am-5:30pm
21	22 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.00	23 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am BINGO LUNCHEON 11am-1pm	24 MAYOR NICHOLAS J. SACCO NORTH BERGEN'S ANNUAL SENIOR PICNIC 10:30am-3:30pm	25 Regular Shopping Trips 8:45am-3:00pm MOVIE NUTRITION CENTER 10:30am-12:30pm EXERCISE CLASS 9:30am-10:30am	26 Regular Shopping Trips 8:45am-3:00pm FREE MOVIE	27
28 SANDS BETHLEHEM PA 8:30am-6pm	29 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.00	30 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am BINGO LUNCHEON 11am-1pm	31 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am HALLOWEEN PARTY NUTRITION CENTER 9am-1pm	Senior Transportation Call: 201-869-9595 Senior Events Questions Call: 201-392-2159 NUTRITION CENTER 1441 45TH ST (201) 866-8791		